

**Participant Guide for the International Workshop on Updated International
Recommendations for Trade Statistics Manuals - IMTS 2026 and MSITS 2026
Muscat, April 14-16, 2025**

1. Weather in Mid-April

- **Temperature:** Ranges between **25°C and 35°C**.

2. Appropriate Clothing

- **For Men and Women:** It is recommended to wear **light clothing suitable for hot weather**.
- **For Formal Occasions:** **Formal or semi-formal attire** is advised during the workshop.
- **For Visiting Public Places:** It is preferable to **avoid very short clothing** out of respect for local customs.

3. Electricity and Power Plugs

- **Voltage:** 240V.
- **Plug Type:** **British plug (Type G)**.

4. Telecommunications Providers

- **Omantel:** omantel.om
- **Ooredoo:** ooredoo.om
- **Vodafone:** vodafone.om

5. Taxi Services

- **Oman Taxi:** omantaxi.om
- **OTAXI:** otaxiapp.com

6. Affordable Hospitals

- **Badr Al Samaa:** badralsamaahospitals.com
- **Aster Hospital:** asteroman.com
- **Starcare Hospital:** starcarehospital.com
- **KIMS Hospital:** kimsoman.com

7. Tourist Attractions



- **Sultan Qaboos Grand Mosque:** sultanqaboosgrandmosque.com
- **Muttrah Souq:** muttrahsouq.com
- **Royal Opera House Muscat:** rohmuscat.org.om
- **Muttrah Corniche:** experienceoman.om
- **Al Jalali and Al Mirani Forts:** experienceoman.om
- **Muttrah Fort:** experienceoman.om
- **Al Alam Palace:** experienceoman.om

8. Shopping Malls and Markets near Al Khuwair

- **Oman Avenues Mall:** omanavenuesmall.om
- **Muscat Grand Mall:** muscatgrandmall.com
- **Panorama Mall:** panoramamall.com
- **Al Araiimi Boulevard:** alarimiboulevard.com

9. Currency

- **Omani Rial (OMR):** Approximately 2.60 USD per 1 OMR.

10. Local Time and Time Differences

- **Local time in Oman:** Gulf Standard Time (GST) GMT+4, which is 4 hours ahead of GMT.

11. Prayer Times (April 14-16, 2025)

- **Fajr (Dawn Prayer):** 4:24 AM - 4:26 AM
- **Dhuhr (Noon Prayer):** 12:06 PM - 12:07 PM
- **Asr (Afternoon Prayer):** 3:33 PM - 3:34 PM
- **Maghrib (Sunset Prayer):** 6:27 PM
- **Isha (Night Prayer):** 7:57 PM

12. General Tips

- **Credit Cards:** Widely accepted.
- **Official Language:** Arabic (English is also commonly spoken).

13. Recommended Hotels with Special Rates for Participants

The Protocol Department at the GCC Statistical Center has prepared a list of hotels offering preferential rates for participants, as follows:

- **Inter city Hotel Muscat (Highly Recommended):**

Accommodation Cost per Night: 25 Omani Rials (approximately 65 USD), including breakfast and taxes.

Website: [IntercityHotel Muscat](http://IntercityHotelMuscat)

Contact Number: +968 22650555

Email: info.muscat@intercityhotel.com

Address: Al Thaqafa Street, Ministries District, Al Khuwair, Muscat, Oman

- **Novotel Muscat Airport:**

Accommodation Cost per Night: 28 Omani Rials (approximately 73 USD), including breakfast and taxes.

Website: [Novotel Muscat Airport](http://NovotelMuscatAirport)

Contact Number: +968 24511863

WhatsApp: +968 71555186

Address: Exhibition Street, Seeb, Muscat, Oman